

COLONOSCOPY BOWEL PREP INSTRUCTIONS

Pharmacy Information

_____ The prescription for your bowel prep kit has been sent to TDDC Pharmacy, an affiliate of TDDC. The pharmacy will contact you to discuss any costs associated with your kit. The pharmacy offers free delivery of your prep kit. **If you have not received a call within 48 hours or if you have any questions, please contact TDDC Pharmacy at 713-730-2947 to further assist you.**

_____ The prescription for your bowel prep kit has been sent to your local pharmacy on file.

5 days before procedure

STOP taking all medications containing iron

STOP taking any blood thinners (Coumadin, warfarin, Jantoven, Effient, prasugrel, Plavix, clopidogrel, Pletal, cilostazol, Pradaxa, Ticlid, ticlopidine hcl, Xarelto, rivaroxaban, Brilinta, ticagrelor, Eliquis, apixaban). Please consult with your prescribing physician on safety and procedure of stopping your blood thinner. Please notify our office if you are advised NOT to stop these medications.

3 days before procedure

STOP eating all high fiber foods like fruits, vegetables, beans and high fiber cereals. Do not eat any nuts, corn, seeds or popcorn.

1 day before procedure

DRINK clear liquids only. You can drink water, 7-up, Sprite, Coke, Dr Pepper, Gatorade/Powerade, chicken broth, beef broth, vegetable broth, seafood broth, coffee (no creamer), sweet/unsweet tea, juice (apple, white grape, white cranberry),

NO SOLID FOOD. NOTHING RED, ORANGE, PURPLE, OR BLUE. NO PULP OR DAIRY.

****IMPORTANT: follow the instructions that are included with your bowel prep kit for MIXING and STORING only. Please disregard the indicated times to drink the prep kit and follow these times instead.****

TAKE dose 1 of bowel prep kit at 4:00 p.m.

Following the dose of medication, drink the appropriate amount of clear liquids as directed on bowel prep kit box.

TAKE dose 2 of bowel prep kit at 10:00 p.m.

Following the dose of medication, drink the appropriate amount of clear liquids as directed on bowel prep kit box. You may have sugar-free, clear liquids up to 3 hours before arrival.

Day of procedure

Your arrival time is _____ on _____ at _____

___The Endoscopy Center of Southeast Texas, 950 N. 14th Street, Suite 200, Beaumont, TX Phone: (409) 833-5555

___Baptist Beaumont Hospital, 3080 College Street, Beaumont, TX

___CHRISTUS St. Elizabeth Hospital, 2830 Calder Avenue, Beaumont, TX

For scheduling questions, cancellations or to reschedule, call SETGA Scheduling at (409) 833-5858 ext 6516.